

Truth to hold onto:

**GOD IS ALWAYS WITH YOU, EVEN
WHEN YOU FEEL ALONE. HIS
STRENGTH IS ENOUGH FOR YOU.**

**"Do not fear, for I am with you; do not be
dismayed, for I am your God."**

Isaiah 41:10



Truth to hold onto:

**YOU ARE NEVER TOO BROKEN
FOR GOD. HE IS NEAR, HOLDING
YOU IN HIS LOVE.**

**"The Lord is close to the brokenhearted and
saves those who are crushed in spirit."**

Psalm 34:18



Truth to hold onto:

**WHEN YOU FEEL WEAK, GOD'S
STRENGTH CARRIES YOU. YOU DON'T
HAVE TO HAVE IT ALL TOGETHER.**

**"My grace is sufficient for you, for my power is
made perfect in weakness."**

2 Corinthians 12:9



Truth to hold onto:

**GOD IS YOUR SOURCE OF HOPE,
JOY, AND PEACE - NO MATTER
YOUR CIRCUMSTANCES.**

**"May the God of hope fill you with all joy and
peace as you trust in Him."**

Romans 15:13



Truth to hold onto:

YOU DON'T HAVE TO WALK THIS ROAD ALONE. GOD IS GOING BEFORE YOU AND WALKING BESIDE YOU.

"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Joshua 1:9



Truth to hold onto:

**RELEASE YOUR WORRIES TO GOD
AND HE WILL REPLACE THEM WITH
HIS PEACE.**

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Philippians 4:6-7



Truth to hold onto:

**NO MATTER HOW HARD TODAY FEELS,
GOD'S MERCIES ARE FRESH EVERY
MORNING. HIS FAITHFULNESS NEVER
RUNS OUT ON YOU.**

"Because of the Lord's great love we are not consumed, for His mercies never fail. They are new every morning; great is Your faithfulness."

Lamentations 3:22-23

